



# **Program Overview**

**Gary W. Johnson**  
**Program Manager**  
**US Navy DEFY**

# Drug Education For Youth 2010-11



17 YEARS !





**“Personal and family readiness are vital to combat readiness.”** Admiral M. G. Mullen, Chairman JCS, *“CNO Guidance for 2006: Meeting the Challenge of a New Era”*

- **Strong Kids**
- **Strong Families**
- **Ready for the Future**





# Mission Statement

To provide commanders with a drug demand reduction program that facilitates and improves family readiness by enhancing the quality of life for military personnel and their families to promote mission accomplishment.



# Goal

To produce 9 to 12 year-olds with character, leadership, and confidence so that they are equipped to engage in a positive, healthy lifestyles as drug-free citizens, and have the necessary skills to be successful in their lives through coordinated community participation, commitment, and leadership.



# What DEFFY Brings

- ◆ Program funding
- ◆ Curriculum and program materials
- ◆ Youth and staff clothing and equipment
- ◆ Structured, relevant Staff training





# DEFY Delivers



- ◆ Leadership & life skills for kids, ages 9-12
  - team-building
  - conflict resolution
  - goal-setting
  - self-confidence
- ◆ Deters “at-risk” behaviors: drugs, gangs, alcohol
- ◆ Phase I & II curriculum
- ◆ Parental involvement



# Why is DEFY important?

- ◆ DEFY contributes to personal and family readiness.
- ◆ Fully-funded program.
- ◆ Senior Leadership enthusiastically backs DEFY.
- ◆ DEFY contributes to the National Drug Control Strategy (ONDCP).
- ◆ DEFY is the right thing to do for our Youth and families.
- ◆ The command/community gets back a better person.





# DoD Military Dependents Aged 9-12

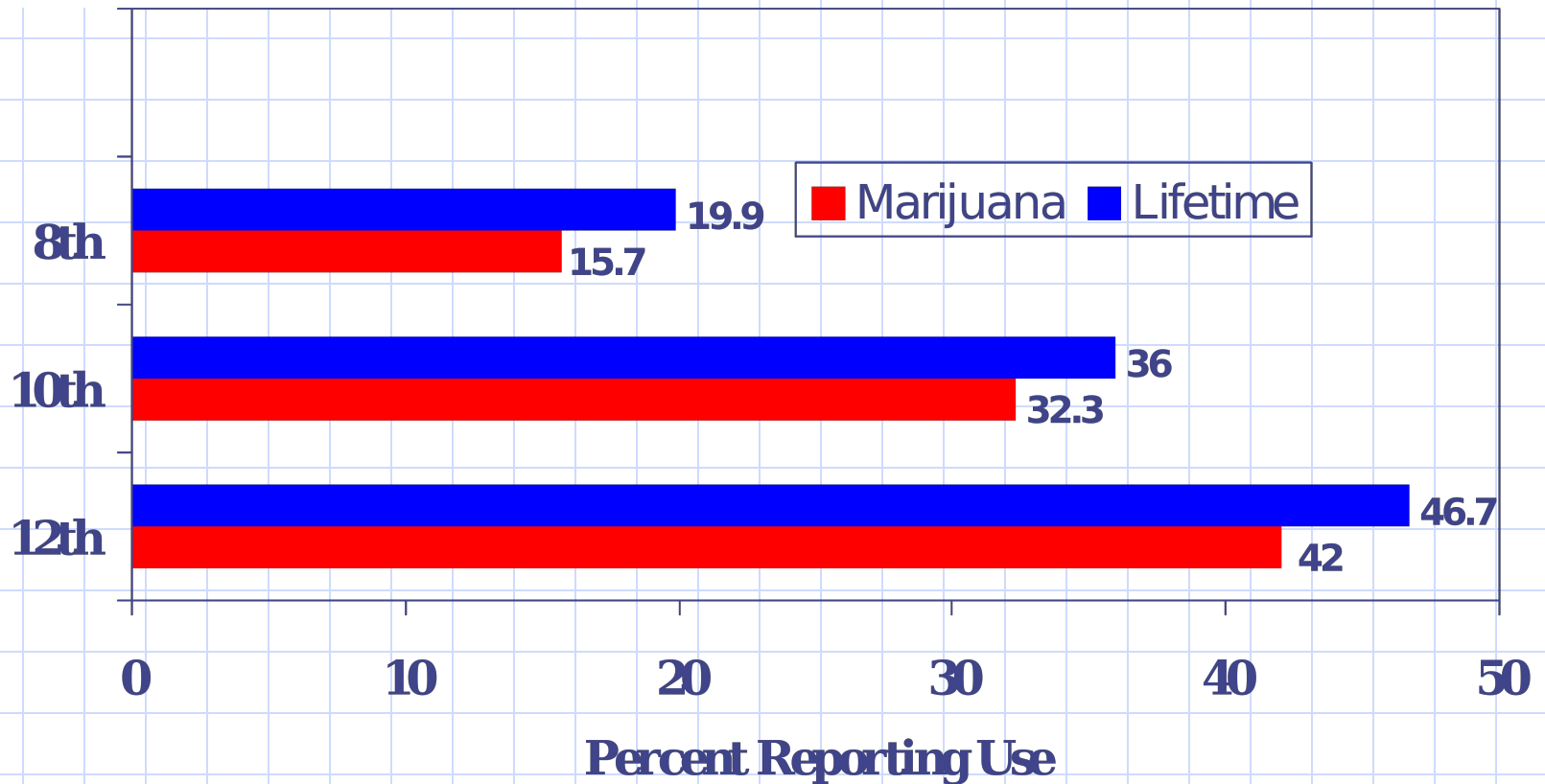
64,782	Navy & Res
22,190	USMC & Res
88,058	USAF, Air NG, & R
195,658	USA, NG & Res
7,213	USCG & Res
<b>377,901</b>	<b>Total Dept. of Defe</b>
(86,972 total USN)	

Source: Defense Manpower  
Data Center 30 Sep 09



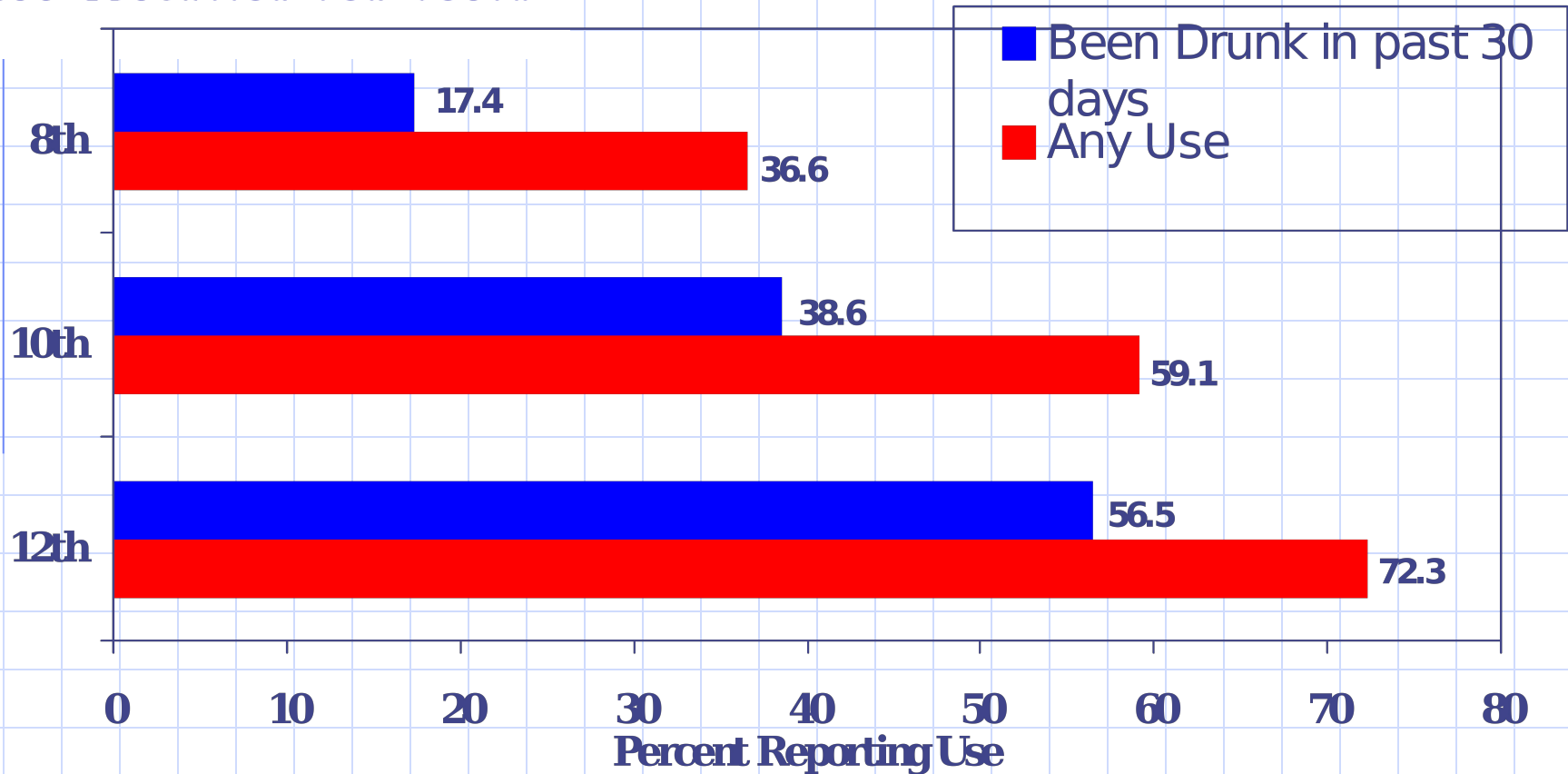


# Drug Use Among Youth



- 2009 Statistics

# Trends in Alcohol Use

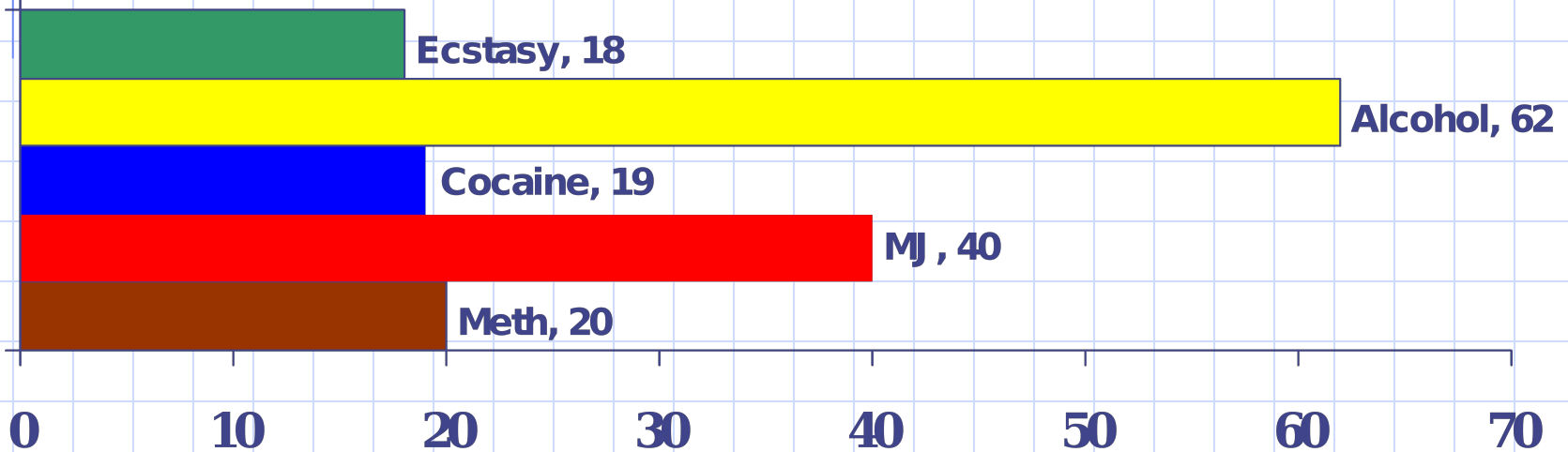


- 2009 Statistics



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# Availability of Drugs Reported by **Eighth** Graders



• 2009 Statistics

Source: Monitoring the Future, HHS  
<http://monitoringthefuture.org/>

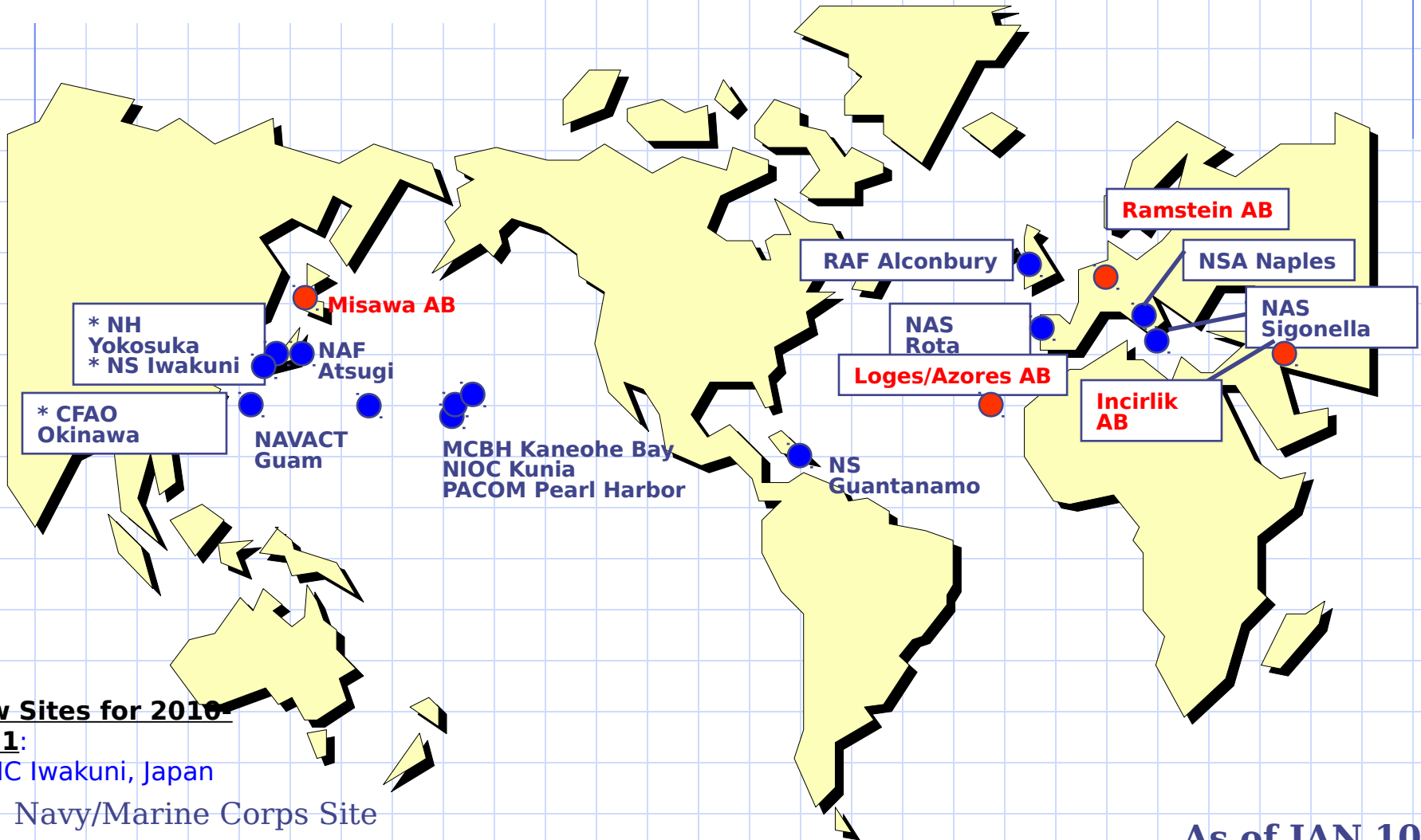




Where are we?  
How do we operate?



# OCONUS DEFY 2010-11



As of JAN 10

# Phase I Activities

- ◆ Classroom learning
- ◆ Physical fitness
- ◆ Physical challenge
- ◆ Educational trips





# Phase II Activities



## ◆ School-year mentoring

- tutoring & positive reinforcement

## ◆ Volunteers

- DOD - military and civilians

## ◆ Activities

- group / cluster mentoring
- interactive workshops

## ◆ Outplacement

- Boy/Girl Scouts, Young Marines, Big Brother/Sister, Sea Cadets



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# Phase II Topics

- |                        |                          |
|------------------------|--------------------------|
| 1. Personal Safety     | 8. Community Service     |
| 2. Relationships       | 9. Leadership            |
| 3. Study Skills        | 10. Self esteem          |
| 4. Gang Resistance     | 11. Cultural Connections |
| 5. Nutrition           | 12. Goals / Follow-up    |
| 6. Conflict Resolution | 13. Bullying             |
| 7. Safe Kids           |                          |



**Program  
Coordinator**

**Public Affairs  
Liaison**

**Camp Director**

**Admin  
Assistant**

**Training  
Coordinator**

**WS / SE  
Coordinator**

**Ops / Training  
Officer**

**Phase I**

**Phase II**

**Team  
Leader**

**Asst Team  
Leader**

**Team  
Leader**

**Asst Team  
Leader**

**Team  
Leader**

**Asst Team  
Leader**

**Mentor  
Cluster**

**Mentor  
Cluster**

**Mentor  
Cluster**



# Command's Roles and Responsibilities

- ◆ Implement DEFY IAW SECNAV, PMG & other requirements
- ◆ Active & visible support & commitment
- ◆ General oversight of the program
- ◆ Funding oversight
- ◆ Actively support commitment of volunteers
- ◆ Staff qualifications
- ◆ Groom new/replacement volunteers
- ◆ Ensure administrative requirements are met



# Benefits of Volunteering

## ◆ Personal Development

- Interpersonal relationships
- Working with youth and other staff
- Mentor/Protégé

## ◆ Professional Development

- Management, logistics, administration, complex task completion, decision making

## ◆ Leadership

- Team building, team leading, coaching, evaluating



# History of DEFY

1993: 2 pilot sites (NAS Pensacola/NAS Alameda)

1996: Department of Justice partnership

1999: Department of Air Force partnership

2002: Civilian GS Program Manager position created

2004: Civilian GS Operations Officer, Budget Technician created

2005: DEFY realigned with NPC under NADAP

2007: SECNAV INSTRUCTION 5355.3



**DEFY ~ D.A.R.E.**

- ◆ **Drug Abuse Resistance Education (DARE):**
  - Utilizes law enforcement officers
  - 5th and 6th graders during 17 one-hour sessions
  - Associated primarily with local schools
- ◆ **DEFY:**
  - Utilizes military/civilian mentors in summer camp
  - Phase One - 40 hours of contact time with youth
  - DEFY has a follow-up Phase II
  - Role models/mentors are involved with the youth throughout the following school year



## DEFY Points of Contact:

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[www.hq.navy.mil/defy](http://www.hq.navy.mil/defy)

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